Prior to ordering the vitallusPLUS® Vacuum Extender, you must determine the size recommended for you using the dimensions of your penis (length and circumference):

## HOW TO MEASURE PROPERLY

## Penis length:

Measure the length of your fully erect penis. To do this, place a measuring tape (download and print outhere) on top of the shaft of the erect penis and measure from there outwards to the tip of the glans.

## Penis circumference:

The circumference of the penis is also measured on the fully erect penis. Measure directly on the shaft of the penis by placing the measuring tape around the penis. Watch out for sharp paper edges when using the measuring tape!

How to measure in the case of impotence:
Put an appropriate penile ring* over the edge of a conventional enlargement cylinder. Pump the penis to the size of a natural erection. Place the ring on the shaft of the penis and remove the cylinder from the penis. Proceed with the measurement as described above.
*Please observe the particular manufacturer's directions regarding use of a penile ring and never wear the ring for more than 20 minutes.


